

SAHUARITA UNIFIED SCHOOL DISTRICT #30

SCHOOL HEALTH SERVICES



Student Policy Changes to Isolation and Quarantine Guidelines

January 6, 2022

Dear Sahuarita Families:

On January 6, 2022, the Pima County Health Department (PCHD) provided updated guidance to local school districts regarding the Centers for Disease Control and Prevention (CDC) shortened quarantine and isolation periods for the general population. Additionally, clarification was provided on the booster recommendations for staff and students.

As a reminder, quarantine is for individuals who have been exposed to someone who is positive for COVID-19, and isolation is for individuals who test positive for COVID-19. Provided below is an outline of these updates and a summary of the SUSD procedures that align with CDC/PCHD quarantine and isolation guidance as well as SUSD normal illness protocols. We appreciate your teamwork in helping to keep our school community safe, healthy, and in school.

Sincerely,

Office of Health Services
Sahuarita Unified School District

If your child TESTS POSITIVE for COVID-19 regardless of vaccination status (Isolate)

Please submit your child's positive test results to your school health office.

CDC Isolation Requirements

- 1. Stay home for 5 days.
- 2. If you have no symptoms, or your symptoms are resolving after 5 days, you can return to campus.
- **3.** Continue to wear a mask around others for 5 additional days (days 6-10).

Return to Campus Requirements

- 1. Completed 5 days of home isolation, AND
- Wear a mask on the bus and on campus for days 6-10, AND
- Fever-free for 24 hours without the use of fever-reducing medications such as Tylenol or Ibuprofen, AND
- **4.** Vomiting and diarrhea-free for 24 hours without the use of medications, AND
- **5.** All other COVID-related symptoms have significantly improved.



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If your child is UNVACCINATED or PARTIALLY VACCINATED and a CLOSE CONTACT EXPOSURE to someone with COVID-19 (Quarantine)

- Your child has not received ANY doses of a COVID-19 vaccine, OR
- Your child has only received the 1st dose of Pfizer or Moderna vaccines, OR
- It has been less than 2 weeks since your child completed the 2nd dose of Pfizer or Moderna vaccines, OR
- It has been less than 2 weeks since your child completed the 1st dose of J&J (Jannsen) Vaccine

CDC Quarantine Requirements

- 1. Stay home for 5 days. After that continue to wear a mask around others for 5 additional days (days 6-10).
- **2.** Test on day 5, if possible.
- **3.** If you develop symptoms, get a test, stay home, and notify the school health office of symptoms and any test results.

Return to Campus Requirements

- Completed 5 days of quarantine at home and are asymptomatic during the 5-day quarantine, AND
- 2. The student has not had a NEW exposure to COVID-19, and no one else in the household has developed new symptoms of COVID-19,
- Wear a mask on the bus and on campus for days 6-10 after the date of "last exposure", AND
- **4.** Must continue to be asymptomatic to remain on campus.

PLEASE NOTE: A negative COVID PCR, Antigen, OR positive Antibody Test cannot be used to exempt students from a 5-day quarantine.

If your child is FULLY VACCINATED and/or BOOSTED and a CLOSE CONTACT EXPOSURE to someone with COVID-19 (Quarantine)

- Your child has been boosted, OR
- Your child completed the primary series of the Pfizer or Moderna vaccines & more than 2 weeks have passed since 2nd dose, OR
- Your child completed the primary series of the J&J (Jannsen) vaccine & more than 2 weeks have passed since 1st dose

CDC Quarantine Requirements

- 1. Wear a mask around others for 10 days.
- **2.** Test on day 5, if possible.
- **3.** If you develop symptoms, get a test, stay home, and notify the school health office of symptoms and any test results.

Return to Campus Requirements

- 1. Are asymptomatic, AND
- 2. The student has not had a NEW exposure to COVID-19, and no one else in the household has developed new symptoms of COVID-19,
- Wear a mask on the bus and on campus for 10 days after the date of "last exposure", AND
- **4.** Must continue to be asymptomatic to remain on campus.



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If your child has submitted written medical documentation of COVID-19 three months prior to identification as a CLOSE CONTACT EXPOSURE (Quarantine)

- Your child is unvaccinated/partially vaccinated and has submitted written medical documentation of a
 previous positive PCR or antigen test for a COVID-19 illness (a positive antibody test cannot be used as
 written medical documentation), AND
- Your child has remained asymptomatic since the current COVID-19 exposure

CDC Quarantine Requirements

- 1. Wear a mask around others for 10 days.
- **2.** Test on day 5, if possible.
- **3.** If you develop symptoms, get a test, stay home, and notify your supervisor of symptoms and any test results.

Return to Campus Requirements

- 1. Are asymptomatic, AND
- 2. Wear a mask for 10 days on the bus and on campus after the date of "last exposure", AND
- **3.** Must continue to be asymptomatic to remain on campus.

If this applies to your child who is being asked to quarantine, please be sure to submit a copy of the written medical documentation of any POSITIVE COVID-19 illness to the school health office.