



— azy.org —

**RE: Parent/Guardian Permission for Healthy Relationship Education**

**Dear Parent/Guardian:**

The Healthy Relationship Education Staff of Arizona Youth Partnership will be presenting **Love Notes (9<sup>th</sup>-12<sup>th</sup> grade)**. *Love Notes* is developed by The Dibble Institute and has been presented in schools and communities nationally as well as locally. Participants must have parental consent to attend.

*Love Notes* is an evidence-based 13-lesson curriculum where young people learn more about themselves, including how their past has shaped their present and how to make decisions on what they want for their future. They learn what healthy relationships are and are not while building a set of skills, including evidence-based communication and conflict management skills, for developing and maintaining healthy relationships, as well as choosing partners and friends. Parents and trusted adult connection activities offer conversation starters on healthy relationships and on the benefits of leaving sex out of their youthful relationships. It also aims to address and prevent teen pregnancy and includes discussions on healthy relationships, goal setting, and sexual health related topics such as sexually transmitted diseases and contraception.

To access a digital copy of the curriculum to review for 14 days, please visit <https://digital.dibbleinstitute.org>, create an account then go to <https://digital.dibbleinstitute.org/LN-SRA-EBP-FULL4>. UNLOCK code: LoveNotesSRAEBP-AZ5

**At:**

**Teacher:**

**Dates:**

***Your child needs your permission to participate. Please give your permission by completing the Parent/Guardian Consent form on the back side of this request.***

*If you would like more information about program content or how the program is presented, please contact Arizona Youth Partnership at 520-744-9595. Also, check out our website: [www.azyp.org/program/love-notes](http://www.azyp.org/program/love-notes)*

We hope you will enjoy receiving information from Arizona Youth Partnership. If you do not wish to receive information from AZYP, please check this box: ☐





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### PARENT/GUARDIAN CONSENT FORM

Participant Name:			Date of Birth:
Child's Age:	Grade:	Circle One: MALE      FEMALE	Program Location:
Home (Mailing) Address:			
Parent/Legal Guardian Name:		Email Address:	Cell Phone:

Arizona Youth Partnership has received a grant from the Arizona Department of Health Services (ADHS) to deliver the *Love Notes* curriculum. During the time your child will spend in the program, they will explore their own growth and development. This unique program will involve your child in discussions regarding healthy relationships, goal setting, and sexual health related topics such as sexually transmitted infections and contraception. The program promotes progress in school and avoidance of behaviors which may hinder your child's opportunities for successful growth and achievement; overall the program aims to address and prevent teen pregnancy. All program information has been shared with and approved for delivery by the school/agency administrators. The ADHS funding provided for this program also includes a pre and post evaluation which requires parental consent.

The ADHS evaluation has been reviewed and accepted by the ADHS Human Subjects Review Board. In compliance with the Human Subjects Review Board, no names or birthdates are collected on the evaluation and no identification numbers are assigned. No data will be reported by individuals or classrooms. Only aggregate (group) data will be reported so there is nothing to identify a youth who completes the evaluation. All evaluation information will be kept confidential. ADHS and approved contractors operate a secure environment to collect and store information from student participants enlisted in Arizona Youth Partnership programming. ADHS will collect the following types of information directly from participant evaluations:

- Demographics – Age, race, ethnicity, gender, and county of residence
- Health information – Pregnancy, views toward abstinence, and consequences of teen sexual activity
- Skills – decision-making, refusal, and negotiation skills
- Other – knowledge about healthy relationships, peer influence, self-esteem and self-efficacy
- Opinions about their experience during their participation in the program and program satisfaction

I understand that 1) ADHS will use the participants' responses for the purpose of program improvement, assessing whether critical program components or activities were implemented and whether they had an impact upon determinants, important behaviors and overall health goals; 2) that participating in the evaluation is voluntary and that I may elect for my child to participate or discontinue participation in the program and evaluation at any point without any risk; 3) that if consent is not provided, arrangements will be made in conjunction with school/site personnel to ensure an alternative placement is identified during program facilitation; 4) that ADHS will not require my child to disclose more information than is reasonably necessary as a condition of participation; 5) that I can request to view of the curriculum and/or evaluation tool at any time; 6) that ADHS will not share individual responses with third parties, schools personnel, parents or staff ; and 7) that the associated risks for my child to participate in this survey are minimal and will not exceed any discomfort that may be found in any daily life situations when answering routine survey questions.

I give my consent to allow my child to participate in the Healthy Relationship Program: ☐ YES ☐ NO

I give my consent to allow my child to participate in the **ADHS Evaluation**: ☐ YES ☐ NO

Parent/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian Name (Please Print): \_\_\_\_\_

**\*For questions concerning program and/or ADHS Evaluation,  
contact Darlene Depina, ADHS Program Director, 602-364-1428\***

